



## Longleaf Triathlon Criteria for Youth Triathletes

The goal for the Longleaf Triathlon is to organize a safe, competitive and friendly race that is challenging as well as fun. The age limit for participants is 17 year of age. However, race organizers recognize the skill levels of exceptionally experienced youth triathletes and their ability to participate in an adult event. Therefore, the following criteria have been established to qualify elite youth triathletes who are under the age of 17 before December 31, 2011 so they can compete in the Sprint or Olympic Distances of the 2011 Longleaf Triathlon.

In order to qualify, the youth triathlete must provide evidence of the following:

1. Written documentation that the athlete is enrolled in an established swimming or triathlon program and be an active member competing in events, AND;
2. Provide a portfolio of recent triathlon race results documenting completion of similar distance triathlons, AND;
3. Written endorsement from a Coach certified by USA Swimming or USAT, stating their belief that the athlete is easily capable of completing the swim portion of the triathlon within the variable open water conditions that present themselves in an adult triathlon, AND/OR;
4. Written documentation of having competed in a minimum 400-yard event in a sanctioned USA Swimming meet within three months of the 2011 Longleaf Triathlon, AND:
5. Membership with USAT as a Youth Triathlete.

Evidence must be received on or by September 30, 2011 in order to be reviewed by Longleaf Triathlon Officials.

Email evidence to [rd@longleaftriathlon.com](mailto:rd@longleaftriathlon.com) or mail evidence to 172 Lake Shore Dr. W., Palm Harbor, FL, 34684.